



Carn Brea Judo Club

www.carnbreajudo

www.facebook.com/carnbreajudo



Registered with the Children's University

Did you know that we have a website ? www.carnbreajudo.co.uk

Did you know we have a facebook page? www.facebook.com/carnbreajudo

Carn Brea Judo Club is 46 years old

Long may we continue

We currently have Dan grades that are teaching at the club who have been County, National & International Champions, who are passing on their experience to new members and the existing club members.

The club is justifiably proud of its history: judoka and their achievements



Please can you bring the correct money to pay for your classes or pay by cheque made payable to Carn Brea Judo Club. The front desk are struggling with giving you change when you all bring £5, £10 or £20 notes



Thank you

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 Registered with the children's university
Members of the British Judo Council
 Affiliated to the British Judo Association

Venue: Main hall at Roskear Primary & Nursery School TR14 8DU

TRY JUDO FOR FREE
FIRST TWO CLASSES FREE

All instructors are highly qualified, insured, national and international medalists
 It is FUN; Learn new SKILLS; MAKE NEW FRIENDS
 Do a CONTACT SPORT SAFELY

CONTACT JACKY 01209 712728 OR JANET 07791151215
TO BOOK YOUR PLACE

WE LOOK FORWARD TO MEETING YOU



We will be taking new beginners

However, your friends must contact us to book their place

Beginners can start at the end of September

ALL children and adults on the mat must give their names in before going into or onto the mat our register is also the fire register.



Do not be shy just a simple "Hello I am here:"

Judoka Of The Month



Zack Brookfield

For doing so amazing on his first ever outing at an external championships winning Gold at the BJC Cornwall Area Teams

Judoka of the week 4pm Class

Cayden Dunstan

Maxim Geradin

Luc Knott

Willoughby Ford

Isla Bentley

Judoka of the week 5pm Class each get awarded a purple strip 3 = nearly ready for next grading

Jacob Roberts

Megan Whitnell

Super Duper Primaries and 1 Junior

at the recent BJC Cornwall area teams we only had a small amount of primaries and 1 junior that entered of the 5 that entered all had medals meaning the primaries finished in an incredible 4th place overall J Zack got a Gold. Joseph, Oliver, Riley and Joel all got a bronze

Thomas also had a bronze for the juniors

Good effort from all of them.

“We are so chuffed”

We are looking for a new club sponsor
do you know anyone who would like to support our club

Please speak to Sensei Jacky or Sensei Janet

The next Peninsula schools Competitions 2018 at Mullion School is on 11th July

Primary & Secondary JUDO COMPETITION CORNWALL (Competitors must be over 8

years of age) We would like as many of you to enter but it needs to be done through

YOUR SCHOOL PE coordinator that you attend Sensei Janet has emailed you all the

form please take it to you School **Please let sensei Janet how you all got on so it can**

be included in the next newsletter.

GRADINGS

It is essential that we have all names in four weeks before a grading.

The main one being that this gives the coaches time to ensure that the student is able to demonstrate that they can do the work required for their next grade.

They need to feel confident they could show these techniques on the grading day should they be asked

It is also extremely necessary that they know the names of the techniques that they are learning, these can be in English if the Japanese is too difficult to remember.

**Did you know we have a
payment plan system
you can use it to buy
new judo suits
pay for courses
trips to the isles of scilly
please speak to the
front desk who will
assist you**



Our last Class of the year

is Tuesday 10th July

**We return refreshed ready for action on
Tuesday 11th September**

We hope you all have an enjoyable safe summer break



The Isles of Scilly Judo Club 50th Celebrations

The Isles of Scilly Judo club would like to invite the Cornwall area to our 50th Celebrations and small competition in September. Please reserve the date of the 16th September 2018.

To proceed further with our organising, at this stage we would like to know which clubs would be interested in attending. There may be a restriction but this will be fairly done between clubs who wish to attend, will do our best to find accommodation for everyone.

At the moment we can offer accommodation at the school on camp beds, we are able to sleep 30 people at the school which do have showers, we are unsure on sleeping arrangements as of yet. Cost for this will be minimal but awaiting finer details. Five minutes down the road we have use of Mundesley boarding house, we can sleep 13 here in 4 different rooms, the cost of this is £10 pp. Another 100 yards down the road we have use of the Methodist hall should we require more beds.

We can look into Longstone lodge should people prefer more upgraded accommodation, a higher cost but still low in comparison to B&B which are also an option.

We have applied for a Community Grant Fund from the Steamship Company and have been told given the nature and on going benefits it will generate for our club, they find it hard to think that we would be turned down. We have asked for 50 free boat tickets to bring you here. Should our application be unsuccessful we have been promised a 10% discount on tickets should we achieve 20 passengers. Unfortunately, we will not find this out until the 12th August. Should we have over 50 the total cost will be shared equally.

Once we have numbers we will place you fairly in accommodation under your agreement, I propose we add the total cost and split it fairly per person, then you could split it again within your clubs so the children cover the adults cost.

Numbers may have to be restricted but we are really trying to do our best to accommodate everyone who wishes to attend which is why we are looking forward to your quick response.

Proposed Agenda as follows:

Arrive on Saturday boat 15th September 2018– we will meet you and take you to your selected accommodation.

Saturday afternoon, training session

Saturday evening, we will look at the weather but can organise fish and chips on the beach or a BBQ with games on the school pitch

Sunday we will run a competition which will be run under BJC rules and National weight categories, open to ages 8 and above, we would like to run a mini event first, so our children ages 6 & 7 are part of the weekend and get a change to experience a competition before they come over to the Cornish. You are welcome to bring any 7 year olds to the mini event.

Sunday evening, we will be celebrating our 50th Anniversary, venue yet to be decided, but we hope you will join us.

Please respond asap to let us know if your club is interested in attending and roughly how many children and adults. Please respond to: iosjudo@outlook.com

We look forward to hearing from you.

DIARY DATES

11th July Peninsula Schools at Mullion

Date for next Club meeting to be decided

7 October at Carn Brea Leisure Centre Fun Event -

24 & 25 November Cornwall Area course and grading at Carn Brea Leisure Centre

2019

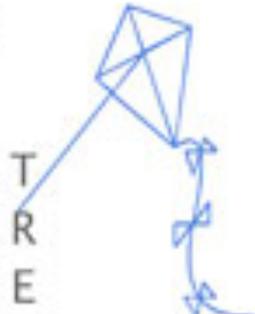
3 March Sunday BJC Cornwall Area Grading at TMS

13 September Next BJC Cornwall Area meeting Thursday

Held at The Redruth Club is The Old Court House ,Penryn Street , Redruth



Summer Word Search



L I S O U T D O O R S J M S S D T
F O U T H O F J U L Y A W U A I R
S A N D A L S K Y F E I N Z U P E
K R A P R E T A W R M S I S L O C
L P R E S T D D C M C G G H L P R
E T I E Q I E E I R K N R O A S E
V A T C L G C N E R I I A R B I A
A E A O N I G E A H H P S T E C T
R H H M W I N P T Z I M S S S L I
T N O I T A C A V B E A C H A E O
R E M M U S B C N A E C O B B M N



- baseball
- camping
- heat
- ocean
- picnic
- rest
- summer
- travel



- bathing suit
- fourth of july
- holiday
- outdoors
- popSicle
- sandals
- SunScreen
- vacation



- beach
- grass
- ice cream
- park
- recreation
- shorts
- Swimming
- water park

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